g]kfndf Clifd'lgx¿sf cf>d

k|sfzs ;:yf

g]kfn k|fWofks ;ª\3 s]Gb|Lo ;ldlt

;/:jlt ;bg, 306f3/

g]kfndf Clifd'lgx¿sf cf>d

8f=nf]sgfy b'nfn

;x–k|fWofks, ;+:s[lt ljefu

lqlj,kßsGof ax'd'vL SofDk;

dulalloknath@gmail.com

**n]v;f/**

*g]kfn b'lgofFdf tLy{x¿sf] d'xfg xf] . of] k'0oe"ldleq ;+;f/df Voflt sdfPsf w]/} tLy{:ynx¿ 5g\ . hª\udtLy{, dfg;tLy{ / ef}dtLy{ oL lqljw tLy{sf] sdL oxfF 5}g . oxfF Clifd'lg tyf l;4x¿n] nfdf] ;do;Dd ;fwgf u/]sf, 1fg afFF9]sf Pjd\ l;l4k|fKt u/]sf tkf]e"ld, 1fge"ld, l;4e"ld, cf>dh:tf k'/ftflTjs, P]ltxfl;s, wfld{s, ;+f:s[lts dxTjsf y'k|} :ynx¿ 5g\ . tL ;a} tLy{:yncGtu{t kg]{ ;Dkbf x'g\ . of] k'0oe"lddf ;To, q]tf / åfk/ o'udf Clifdxlif{x¿n] ;fwgfu/L 1fg pTkfbg u/] . k|fKt 1fgn] b'lgofFnfO{ bLlIft agfP . Clifdxlif{ tyf l;4x¿n] of]u;fwgf, 1fg tyf ;flxTo l;h{gf, 1fg k|j4{g Pjd\ ljt/0f u/]sf tkf]e"ld, 1fge"ld, l;4e"ld, cf>dx¿sf] ;ª\Vof oxfF w]/} 5 . sltko o:tf :ynx¿ cem;Dd klg k|sfl;t x'g;s]sf 5}gg\ . g]kfndf b;j6f :yfg ljZj;Dkbf ;"rLdf ;"rLs[t 5g\ . cefUoa; oL k'0oe"lddWo] s'g} Ps :yfg klg ljZj;Dkbf ;"rLdf ;"rLs[t x'g;s]sf] 5}g . Clifd'lg tyf l;4x¿;Fu ;DjlGwt To:tf :ynx¿ cfh a]va/ 5g\ . cWoog cg';Gwfgstf{sf] Wofg k|of{Kt ¿kdf To;tkm{ k'Ug ;s]sf] b]lvb}g . o;nfO{ zf]wvf]hsf] If]qdf b]lvPsf] Pp6f pNn]Vo ;d:of 7flgPsf] 5 . ctM of] k|fl1s vfFrf] cf+lzs ¿kdf eP tfklg ;Djf]wg tyf kl/k"lt{ ug]{ p4]Zon] of] n]v tof/ kfl/Psf] xf] . of] cWoog k|fylds tyf låtLos tYofª\sdf cfwfl/t 5 .* *o; n]vdf* *u'0ffTds k|s[ltsf tYofª\sx¿ ;ª\sng tyf ljZn]if0f ul/Psf 5g\ . ctM of] u'0ffTds 9fFrfdf cfwfl/t n]v xf] .*

zAb s'l~HfsfM cf>d, Clifdxlif{, tkf]e"ld, l;4e"ld, 1fge"ld .

**!=k[i7e"ld**

dfgj a;f]af;sf] b[li6sf]0fn] g]kfnsf] P]ltxfl;stf lgs} k"/fgf] 5 . ;flxlTos ;|f]tx¿n] hgsk'/sf] dlxdf q]tfo'u;Dd k'¥ofPsf] ;Gbe{ kfOG5 -Jha, 1971, pp.27-31\_ . ljleGg u|Gyx¿n] lj/f6gu/ If]qsf] k|frLgtfnfO{ dxfef/tsfn jf åfk/o'u;Dd 8f]¥ofPsf 5g\ ->L % sf] ;/sf/,@)#!, k[=$##\_ . n'lDagL / slknj:t'sf] cGj]if0f / pTvgg\af6 k|fKt k'/ftflTjs k|df0fx¿af6 of] If]qsf] cf7;o jif{ O{=k"= sf] Oltxf; k'li6 ePsf] 5 -Pradhan, n.d, p. 57\_ . ljleGg P]ltxfl;s ;fdu|Lx¿n] ls/fFt / lnR5ljsfnLg sf7df8f}F pkTosfsf] Oltxf;nfO{ pbfQ kf/]sf 5g\ . ;g\ !(\*) df a'6jn ltgfp vf]nfaf6 Ps s/f]8 bznfv jif{ k"/fgf] /fdflky]s;sf] cjz]if k|fKt eof] -vqL,@)%%, k[=%^\_ . ljleGg :yfgx¿af6 k|fKt gjkfif0fsfnLg cf}hf/x¿af6 k|fu P]ltxfl;s sfnb]lv g} o; If]qdf dfgj lqmofsnfk cl:tTjdf cfO;s]sf] k'li6 ePsf] 5 -Sharma,1983, pp. 1-5\_ . ctM dfly plNnlvt ;a} lsl;dsf tYox¿n] o; If]qsf] dfgj a;f]af;sf] Oltxf; lgs} k|frLg xf] eGg] ljifonfO{ k'li6 ug{ ;xof]u k'¥ofPsf 5g\ .

g]kfn k|fs[lts tyf dfgj lgld{t ;Dkbfsf] k|fKotfsf sf/0f of] ljZjd} cu|0fL d'n'sdf bl/G5 . oxfF kfOg] lxdfn, kxf8, t/fO, gbLgfnf, tfntn}of, jghª\un, efiff, ;+:s[lt, wd{, snf, nf]sk/Dk/f, hfthflt, hghflt, k'/ftflTjs P]ltxfl;s, 1fge"ld, tkf]e"ld tyf df]IfbfogL :ynh:tf k|fs[lts Pjd\ dfgj lgld{t ;Dkbf b'lgofFdf of] d'n'ssf] ljlzi7 klxrfg :yflkt ug]{ cwf/ x'g\ . oxfF cl3 ;To, q]tf / åfk/ o'ub]lv lxhf]cfh;Dd klg ;'/, c;'/, Clifdxlif{, cK;/f, l;4, of]uL, hf]uL, ;Gt, dxGt, ljåfg\, ljb'ifLx¿ ljleGg gfd tyf ¿k wf/0fu/L 1fg, l;l4 / df]If k|flKtsf lglDt cfpg] u/]sf 5g\ . cfkm\gf lkt[x¿sf] p4f/sf lglDt ;do;dodf oxfF b]j, bfgj nufot dg'io ;d]t cfpg] u/]sf ljj/0f kf}/fl0fs ;flxTodf kfOG5 .

lqsfn bzL{, z'e lrGts, ;j{kIfLo cg'e"ltstf{, ;j{1, j]b tyf :d[ltsf b|i6f, Crf ;fIffTsf/ ug]{ >i6fsf ¿kdf ClifnfO{ lng] ul/G5 . Clif 7"nf] kb xf] . t[i0ff, nf]e, df]x, O:of{, 3d08h:tf cf;'/Lefj gi6 ug{] dxfgcfTdn] dfq of] kb k|fKt ug{ ;Sb5g\ . oh'j]{bdf rfnL;j6f cWofo 5g\ . tL ;a} cWofox¿df s'g} g s'g} Clifdxlif{x¿sf] rrf{ kfOG5 . cu:To, clUg, c3z;, ck|lt/y, cletdg ;"o{, cjT;f/, cl;t, cZj;fd'b|L efu{j, clZjgLs'df/, clq, clqb'lxtf, cflª\u/;, cfyj{0f, cflbTo, cfe"lt, cfdxLoj, cf?l0f, cf;'/L, cfZjt/flZj, cf}0f{jfe, OGb|, OGb|fUgL, Oif, pTsLn sfTo, pQ/gf/fo0f, påfnjfg\, pzgfsfJo,ClhZjf, Clifu0f, Clif;"t nf]kfd'b|f, slk,s0j, s[lif, sfZok, s'df/j[if, s'df/xfl/t,s'T;, s'T; cflª\u/;, s'?:t'lt, s';'?ljGb', s';LbL sf0j, s'l>, s'lzs, slzkf, s"d{ ufT;{db, uoKnft, u[T;db, ufnj, uf]td, uf]td /fx"u0f, uf}/Lljlt zfSTo, hdblUg, ho P]Gb|, hLjn r}nsL, h]tf dw'R5Gbf, tIff, tfd;, blwqmfjf jfdb]Jo, bjg, bYoª\ cfyj{0f, bIf, bL3{tdf, bL3{tdf cf}tYo, b]ju0f k|hfklt, b]juGwj{, b]jn, b]jjft ef/t, b]j>jf, b]j>jf b]jjft ef/t, b]jf, wfgfGtjf{g\, w|'j, gfefg]lbi6, gf/fo0f, gf/fo0f k'?if, g}w'lj sZok, gf]wfuf]td, gf}wf, g[d]w, k/d]i7L, k/d]i7L lj¿k, k/fz/ zfSTo, k?R5]k, kfo', kfo' e/åfh, kfjsflUg, k|ufy, k|hfklt, k|hfklt ;fWof, k|ltIfq, k|:s0j, k|fb'/flIf, lk|od]w P]Gb|, k'?ld9 chld9, k'?ifd]w, k'/f]w;, aGw', a[x:klt, a[xl4j, a[xb'Sy, a|Xd0f:klt, a|Xd :joDe", a|Xdf, afx{:kTo, a'w, a'w uljli7/, e/åfh, e/åfh afx{:kTo, efnGbg, leifs, ef}jg cfKTo, ef}jg ;fwg, dw'R5Gbf, dw'R5Gbf Ct' efu{e, dg;Dklt, dof]e'j, dg', dg' j}jZjt, d]w P]Gb|, d]wfsfd, d]wfltly, d'l08e, d'b\un o1k'?if, ojdfg, o1k'?if, of1jNSo, /DoflIf, n';f]wfgs, nf]uflIf,jT;, jT;k|L, j?0f, jl;i7, j;'>'t, j;"oj, JoZj cflª\u/;, jfdb]j, jf?l0f, ljbeL{, ljk|aGw',lje|f6\ ;f}o{, lj¿k cflª\u/;, ljZjsdf{, ljZjsdf{ ef}jg, ljZjdgf, ljj:jfg, ljZjfldq, ljZjfj;', ljZj]b]jf, lj¿k, lj¿kfIf, ljxJo, j]g, j}vfg;, ;Tow[lt, ;/:jtL, ;j/0f k|hfkTo, ;Ktlif{u0f, ;DjT;/, ;jgg, ;ljtf, ;fk{/f1L, ;fdfx'lt, ;fWo, :j:To cfq]o, l;Gw'åLk, ;'sIf, ;'sLlt{ sfIfLjt, ;'tDe/,;'gLlt, ;'rLs, ;'aGw', ;'xf]q, ;f]ds, ;f}el/, ;f]dz'id,;f}Do, zª\s;'s, zª\v, zo', zf; e/åfh, ZofjfZj, >Lsfd, lzj;ª\sNk, lzl/lDa7, >'tsIf, >'t'aGw', z'gMz]k, z"k{, lx/0oue{, lx/0o:t"k, x}djlr{, q\o?0f, q;b:o', lqt, lqt cfKTo, lqzf]s, lqlz/f h:tf Clifx¿sf] rrf{ kfOG5g\ -n'O6]n, @)^^, k[= !–#&!\_ .

dg':d[ltdf d/Llr, clq, clª\u/f, k'n:To, k'nx, qmt', k|r]tf, jlzi7, e[u' / gf/bu/L bzhgf Clifx¿sf] pNn]v kfOG5 -n'O6]n,@)^(, k[=%\_ . ;+:s[t ;flxTocg';f/ d/Llr, clq, clª\u/f, k'n:To, k'nx, qmt', / jlzi7u/L ;fthgf Clifx¿ ;Ktlif{cGtu{t kb{5g\ . ;Ktlif{ a|Xdfsf dfg; k'q x'g\ -zdf{,!(((, k[=(#\*\_ . 1fgsf] l;h{gf tyf ljt/0f, hk, tk, of]u tyf ;fwgfsf lglDt k|To]s Clifx¿sf cfcfkm\g} cf>dx¿ lyP . k"jL{o wfld{s u|Gyx¿df g]kfnnfO{ b'lgofFsf] ljlzi7 b]je"ldsf ¿kdf j0f{g ul/Psf] 5 . o;sf] cy{ g]kfndf k|frLg sfnb]lv g} b]pb]ptfn] jf;ug]{ tyf Clifdxlif{x¿n] 1fgsf] l;h{gf, hk, tk, of]u ;fwgf ub{y] eGg] xf] .

uf]kfn j+zfjnLdf g]kfn pkTosfsf] Oltxf;sf] k|f/De cyf{t\ lsF/ftx¿sf] zf;g sfod x'g'eGbf cl3b]lv g} uf}tdflb Clifd'lgx¿sf] oxfF cf>d /x]sf]] pNn]v kfOG5 -ah|frfo{, @)#), k[= #$$\_. of] ;Gbe{ lnR5lj sfneGbf cl3b]lv g} o; If]qdf j]nfavtdf hk, tk, of]u tyf ;fwgfsf dfWodaf6 1fg, l;l4 / df]If k|fKtug{ Clifdxlif{ cfpg] / a:g] ub{y] eGg] ljifonfO{ k'li6ug]{ jlnof] cfwf/ xf] . kf}/fl0fs ;|f]tx¿n] of] k'0oe"lddf O{zfk"j{ sfnb]lv g} hk, tk, of]u tyf ;fwgfsf lglDt Clif cf>dx¿ cl:tTjdf cfO;s]sf] ;Gbe{nfO{ k'li6ub{5g\ . cf>dh:tf dxTjk"0f{ ;Dkbfsf] kof{Kt zf]wvf]h klg x'g afFsL g} 5 . To;f]xF'bf of] cefj kl/k"lt{sf] lglDt k|:t't cWoog ul/Psf] xf] .

**@= cWoogsf ;d:of**

g]kfndf /x]sf w]/} tLy{:ynx¿sf ljifodf ljleGg b[li6sf]0faf6 dgUo cWoog cg';Gwfg ePsf 5g\ . s]xL Clifd'lg tyf l;4x¿n] nfdf] ;do;Dd ;fwgf u/]sf, 1fg pTkfbg tyf afFF9]sf Pjd\ l;l4k|fKt u/]sf tkf]e"ld, 1fge"ld, l;4e"ld, cf>dh:tf :ynx¿sf ljifodf eg] lxhf]cfh;Dd klg kof{Kt zf]wvf]h x'g ;s]sf] b]lvb}g . ctM g]kfndf /x]sf tkf]e"ld, 1fge"ld, l;4e"ld, cf>dh:tf :ynx¿;Fu ;DjlGwt tkzLndf pNn]lvt ;Gbe{ k|:t't cWoog;Fu hf]l8Psf k|d'v ;d:of x'g\M

* g]kfndf /x]sf tkf]e"ld, 1fge"ld, l;4e"ld, cf>dh:tf :ynx¿ s] s] x'g\ < sxfF sxfF 5g\ <
* logLx¿;Fu ;DjlGwt k'/ftflTjs, P]ltxfl;s, wfld{s, ;+f:s[lts, ;fdflhs k/Dk/fsf ;fy} dxTj s] 5 <

**#= cWoogsf p2]Zo**

dfly plNnlvt ljljw ljifonfO{ ;d]6]/ zf]wvf]h ul/Psf ;fdu|L kof{Kt 5}gg\ . oL kIf k|:t't cWoog;Fu hf]l8Psf ;d:of x'g\ . of] n]v d"ntM pQm lh1f;fsf] ;dfwfg / cg';Gwfg cefj kl/k"lt{ ug{] p2]Zon] tof/ kfl/Psf] xf] . ljz]iftM o; n]vdf tkzLnsf ljlzi6 p2]Zo lgwf{/0f ul/Psf] 5M

* g]kfndf /x]sf tkf]e"ld, 1fge"ld, l;4e"ld, cf>dh:tf :ynx¿ cGj]if0f ug]{ .
* pQm :yn;Fu ;DjlGwt k'/ftflTjs, P]ltxfl;s, wfld{s, ;+f:s[lts, ;fdflhs k/Dk/fsf ;fy} dxTj vf]hL tyf ljZn]if0f ug]{ .

**$= cg';Gwfg** **ljlw**

of] cg';Gwfg ljZn]if0ffTds / ljj/0ffTds 9fFrfdf cg'jlGwt 5 . o;df u'0ffTds tYofÍ k|of]u ul/Psf 5g\ . k|fylds tyf låtLos b'j} k|sf/sf tYofÍ Pjd\ ;"rgfsf] ljZn]if0f ul/Psf] 5 . k|fylds tYofÍ d"ntM o; n]vdf ;dflji6 s]xL :ynx¿sf] sfo{If]q cWoogaf6 ;Íng ul/Psf] xf] . o; qmddf cjnf]sg / cGtjf{tf{ ljlw k|of]u ul/Psf] lyof] . låtLos tYofÍ k"j{sfo{ ;dLIffaf6 ;Íng ul/Psf x'g\ . låtLos tYofÍsf lgldQ ljleGg n]v/rgf, u|Gysf ;fy} ljB'tLo dfWoddf k|lji6 ePsf ;|f]t ;fdu|Lsf] ;dLIff ul/Psf] 5 .

**%= glthf tyf 5nkmn**

of] cWoogdf k|fylds tyf låtLos tYofª\s ;ª\sng / ljZn]if0f ul/Psf 5g\ . ljj]rgfkl5 cg';Gwfgsf] pknlAwsf ¿kdf g]kfndf /x]sf tkf]e"ld, 1fge"ld, l;4e"ld, cf>dh:tf :ynx¿sf] jt{dfg cj:yf, k'/ftflTjs, P]ltxfl;s, wfld{s, ;+f:s[lts, ;fdflhs k/Dk/fsf ;fy} dxTj vf]hL tyf ljZn]if0f oxfF ;dfj]z ul/Psf] xf] . o; qmddf cf>dsf] cy{ tyf g]kfnsf dxTjk"0f{ cf>dx¿ pkzLif{scGtu{t clq cf>d, cf}j{ cf>d, slkn cf>d, u08lif{ cf>d, uf}td cf>d, b'jf{;fcf>d, b]jbQ cf>d, g] d'lgsf] cf>d, k/fz/ cf>d, kfl0flg cf>d, k'n:To cf>d, k'nxf>d, e/t cf>d, e[u'cf>d, d/Llr cf>d, df08Jo cf>d, jlzi7 cf>d, jfNdLls cf>d, ljef08s cf>d, ljZjfldq cf>d, Jof; cf>d, zdLs cf>d, zfnª\sfog cf>d, >[ª\uf cf>d / xl/x/ cf>d / ltgLx¿sf] dxTj Pjd\ pkof]lutfh:tf ljifodf rrf{ ul/Psf] 5 .

**%=!= cf>dsf] cy{**

oh'j]{bsf] 5aL;f} cWofosf] kGw|f} Znf]sdf kj{t tyf pkTosf, kxf8L u'kmfsGb/f, gbLsf lsgf/ / gbLsf ;ª\ud:ynx¿df Wofg tyf hktk ugf{n] 1fgzlQm hfu[t x'g] ;Gbe{ kfOG5 -n'O6]n, @)^^,k[= @@^\_ . of] ;Gbe{n] kj{t tyf pkTosf, kxf8L u'kmfsGb/f, gbLsf lsgf/, gbLsf ;ª\ud:yn, jghª\un, 5x/f5fFufsf cf;kf;, tfntn}sf lsgf/h:tf k|fs[lts b[li6n] zfGt / dgf]/d :yndf a;]/ Wofg, hktk tyf :jWofogsf dfWodaf6 1fgzlQm hfu[tug]{ of]uL, hf]uL, ;Gt, dxGt, ljåfg\flb Clifdxlif{ x'g\ eGg] ;ª\s]t ub{5 . 1fg cfh{gsf pkof]uL :yfg ePsfn] Clifdxlif{x¿n] o:tf 7fpFx¿df cf>d v8f ub{y] . PsfGt:yfgdf /xg]xF'bf cf>d zfGt, ;'Gb/, ;'zLn, :jR5, cfgGbbfos / ;'vbfoL dflgG5g\ .

cf>d lxGb" ;fdflhs ;ª\u7gleqsf] Pp6f Joj:yf jf k|0ffnL klg xf] . o;nfO{ >dug]{ :yfg klg eGg] ul/G5 . o;n] dflg;nfO{ p;sf] pd]/ tyf Ifdtfcg'¿k sfo{ ;Dkfbgug{ dfu{lgb]{z ub{5 -vltj8f, @)&$, k[= \*\*\_ . lxGb"x¿sf lgldQ dflg;sf] ;Dk"0f{ hLjg :jcg'zf;g Pjd\ k|lzIf0fsf] hLjg xf] . k|lzIf0f / :jcg'zf;gsf] cjlwdf p;n] rf/tx jf v'8lsnf kf/ug'{ kb{5 . tL hLjgsf lj;f}gL x'g\ . To;}nfO{ cf>d elgG5 (Prabhu, 1963, p. 78) .

;du|df Clifdxlif{x¿ a:g] :yfgnfO{ cf>d elgG5 . PsfGt :yn, jghª\un, gbLlsgf/ tyf t6, kxf8 kj{tsf s'gfsGb/fh:tf dfgj j:tLeGbf k[ys If]qdf k|fs[lts tyf dfgj lgld{t ;;fgf 5fk|f, s'6L Pjd\ u'kmflb cf>d x'g\ . lxGb" ;fdflhs ;+/rgf tyf ;ª\u7gdf cf>d zAbn] :yfg jf :yn / Joj:yf jf k|0ffnL;Fu ;DjGw /fVb5 . :yfg jf :ynsf ¿kdf cf>d eg]sf Clifdxlif{x¿ a:g] s'6L, u'kmf, cf]8f/, sGb/fh:tf ljz]if 7fpF dflgG5g\ .

**%=@= g]kfnsf dxTjk"0f{ cf>dx¿**

a|Xdk'/f0fsf] !@) cWofodf b]j;efsf] j0f{g 5 . lkt[, b]jtf, Clifd'lg, ;fw';Gt, dxGt, tk:jL / dflg;sf] ;+o'Qm ;ef x'g] :yn ;efkf]v/L xf] . ;efkf]v/Ls} gfdaf6 of] lhNnfsf] gfd ;ª\v'jf;ef /x]sf] ljZjf; ul/G5 . zª\sfsf/ kf]v/Lsf] dWoefudf rKn]6L cfsf/sf] Pp6f 9'ª\uf] 5 . Tof] 9'ª\uf] Jof;f;g xf] . jl/kl/ lkt[, b]jtf, Clifd'lg nufot a;]/ ;efug]{ :yn k|s[ltn] g} agfOlbPsf] eGg] wf/0ff 5 -e§/fO{, @)^&, k[=@()\_. o; kf]v/Lsf af/]df k|rlnt Pp6f hg>'ltcg';f/ j]bsf /rlotf j]bJof;n] oxfF \*\* xhf/ Clifd'lg, ;fw';Gt, dxGt Pjd\ tk:jLsf] e]nf af]nfP/ zflGt, hLjg, d[To' / d[To'kl5sf] :ju{sf ljifodf hfgsf/L lbPsf lyP . ;efkf]v/Lsf ;fy} Clifd'lg, ;fw';Gt, dxGt, tk:jL tyf l;l4k|fKt dxfdfgjx¿n] 1fg, k|1f, l;l4 tyf df]Ifk|fKt u/]sf w]/} :ynx¿ 5g\ . To:tf 1fg, k|1f, l;l4 tyf df]If k|bfogL :ynx¿dWo] o; n]vdf s]xLnfO{ k|lji6 ul/Psf] 5 .

**clq** **cf>d**

;+:s[t ;flxTocg';f/ clq a|Xdfsf dfg; k'q x'g\ . logsf] hGd a|Xdfsf] cfFvfaf6 ePsf] xf] . logL ;Ktlif{cGtu{t s} Ps dflgG5g\ -zdf{,!(((, k[=@&\_ . Clif clqsf] tkf]e"ldnfO{ Zj]tlul/ elgGYof] . Clifsf t]hn] ToxfFsf] % of]hg hlt hldg To;} k|sfzdfg x'GYof] . lxdkft slxNo} kb}{g lyof] . o;sf cfwf/df logsf] cf>d wjnflul/ / /fktL If]qdf /x]sf] ljZjf; ul/G5 . a|Xdfsf ;ft dfg;k'qdWo] clq Ps x'g\ . logsf w]/} kTgL lyP . ltgLx¿dWo] kltj|tf cg;"of Ps lyOg\ . a|Xdf, lji0f' / lzjsf] ;o'Qm ¿k bQfq]o / Clif b'jf{;f klg logs} 5f]]/f x'g\ -e§/fO{, @)^&, k[= ^\_.

Psy/L ljåfg\x¿n] eg] logsf] cf>d lrqs'6 lyof] . jgaf;sf ;dodf /fd, ;Ltf / nId0fn] pgsf] cf>dfuO{ e]6]sf lyP -zdf{,!(((, k[=@&\_ . clq lxGb"wd{zf:qx¿df j0f{ ul/Psf dxfg Clif x'g\ . logsf] gfdaf6 d'lg k/Dk/f rn]sf] 5 . cfq]oL logsL 5f]/L lyOg\ . logsf] ljjfx cª\uL/; Clif;Fu eof] . Pstfsf lqk'/f /fIf;n] w]/} b'Mv lbPsf] sf/0f logn] eujfg\ lzjsf] cf/fwgfu/L v';L t'NofO{ lqk'/fsf] jwu/]sf] kf}/fl0fs ldys kfOG5 -vltj8f, @)&$, k[=^&\_ .

**cf}j{ cf>d**

Clif cf}j{sf] tkf]e"ld tyf cf>d kfNkf, u'NdL / :ofª\hf lhNnfsf] ;Ldf:yn sfnLu08sLsf] tL/df cjl:yt cu{nL xf] . cf>d If]q Pp6f y'Dsf]sf ¿kdf /x]sf] 5 . Tof] y'Dsf]nfO{ d':n's elgG5 . Clif cf}j{ ufO{ kfNby] . ToxfF ufO{ r/fpg] kmfF6 clxn] klg b]Vg ;lsG5 . hg>'ltcg';f/ oxfF lxhf]cfh klg /ftL ufO{ s/fpFb5g\ . j/fxk'/f0fdf dflg:s'd6 tLy{nfO{ cf}jf{>d dflgPsf] 5 . a|Xdj}jt{k'/f0fdf a|XdfhLsf dfg;k'qdWo] e[u', e[u'sf 5f]/f z'qmfrfo{ / Rojg, RojgsL kTgL cf?l0fdfsf] hª\3faf6 cf}j{ hlGdPsf tyf pgsf hublUg ;lxt ;ohgf 5f]/fx¿ ePsf] pNn]v kfOG5 . logsL 5f]/L sfGbnL x'g\ . logsf] ljjfx Clif b'jf{;f;Fu ePsf] lyof] . cu{nLdf h]7sf] bzdLdf d]nf nfUb5 -e§/fO{, @)^&, k[= !\*–!(\_.

**slkn cf>d**

Clif slkn ;fª\Vo bz{gsf k|jt{s tyf pkb]zstf{ lyP . ;fª\Vo ;"q log}n] /rgf u/]sf] bfz{lgs u|Gy xf] . slknnfO{ eujfg\ lji0f'sf rf}aL; cjtf/dWo] kfFrf} dflgPsf] 5 -zdf{,!(((, k[=!^)\_ . Clif slknnfO{ a|Xdfsf k'q, clUgb]j / eujfg\ lzjsf] cjtf/ tyf s[i0f klg eGg] ul/G5 . lxGb"x¿sf pGgGtL;j6f pkk'/f0fx¿dWo] Po6f slkn klg xf] . Clif slknsf ;DjGwdf ljleGg ldysx¿ k|rngdf 5g\ . Ps ldyscg';f/ log s} >fksf sf/0f ;fu/sf ^) xhf/ k'qx¿ eideO{ kl5 uª\ufhn cleif]saf6 >fk d'Qm ePsf lyP -vltj8f, @)&$, k[=!^)–!^!\_ .

slknd'lgsf] cf>d jt{dfg ltnf}/fsf]6 If]qdf lyof] . k|frLg ;dodf ;fs]tsf /fhf cf]sfsn] h]7L /fgLsf cf]Ssd'v, s/sGb, xlylgs / l;lgk'/ rf/ 5f]/f Pjd\ ;'wf, ljldtf, ljlhtf, lhtf / hnL kfFr5f]/LnfO{ /fHoaf6 lgsflnlbP . pgLx¿ lxdfnosf] blIf0fkl6\6sf] ;fs jgdf /x]sf] slknd'lgsf] cf>ddf a;] . slknd'lg s} ;Nnfxdf pgLx¿n] ;fn hª\un km0ffgLu/L slknj:t'gfds j:tL a;fn] -u'?ª, @)^&, k[=!!(–!@)\_ .

**u08lif{ cf>d**

l/8L 3f6b]lv pQ/kl6\6 a8Luf8 / sfnLu08sLsf] bf]efg ?b|j]0fLdf u08lif{ cf>d 5 -u'?ª, @)^&, k[=!)%\_. u08lif{ Clifsf] j0f{g :sGb k'/f0fdf kfOG5 . :sGb k'/f0fcg';f/ u08lif{ Clifn] hnb]jLnfO{ :t'lt u/]/ v';L t'NofPkl5 d cfhb]lv ltd|f] gfdn] k|jflxt x'g] 5' eGg] jrg lbOg . To;kl5 u08lif{ Clifsf] gfdaf6 tL gbLnfO{ u08sL elgPsf] xf] . dftf kfj{tL uf];fO{s'08af6 cfkm\gf s]xL ;lvx¿sf ;fy ljxf/ ug{ klZrdtkm{ nflug . gLnlu/L xF'b} zfnu|fd If]qdf k'lug . ToxfF k'n:To, dl/lr / u08lif{ Clif tk:of ub{y] . dftf kfj{tLsf] e]6 klxn] j[4 Clif u08lif{;Fu eof] . nfdf] lx8fO{ / ysfO{sf sf/0f dftf kfj{tLsf kfbtnaf6 kl;gf cfP . kl;gfsf] bx aGof] . u08lif{ Clifn] ToxL bxdf :gfgu/L hnb]jLsf] :t'lt u/] . hnb]jL u08lif{ Clifsf] jGbgfaf6 v';LeO{ of] s'08df ltdLn] klxn] :gfg u/]sf] xF'bf d ltd|} gfdn] k|jflxteO{ nf]ssf] kfjg ug]{ 5' eg]/ jUg yflng-vltj8f, ld=g=, k[=#%\_ .

**uf}td cf>d**

uf}td Clif j]bsf k|sf08 ljåfg\ lyP . ;+:s[t ;flxTodf logsf ljifodf cg]s k|sf/sf syf tyf lsDjbGtLx¿ kfOG5g\ -zdf{,!(((, k[=#)^\_ . uf}td Clifsf ljifodf k|rlnt Ps ldyscg';f/ logsL kTgL cxNofnfO{ b]j/fh OGb|n] 5nu/L cg'lrt ;DjGw /fv] . uf}td Clifsf] e]if jbn]/ cfPsf] sf/0f cxNofn] b]j/fh OGb|nfO{ lrGX ;lsgg\ . uf}td Clifn] b]j/fh OGb|nfO{ z/L/e/L xhf/ of]gL x'g] / cxNofn] kTy/ eP/ /xg' kg]{ >fk lbP . b]j/fh OGb|n] klg kgf}tLsf k'0odftf tLy{df eujfg\ lzjsf] cf/fwgf kl5 >fkaf6 d'lQm kfP -nfsf]h", @)^%, k[=^!\_ .

lzjb]j låtLosf] jnDj"sf] ;Djt\ !@( sf] clen]vdf u'7L lbPsf] hUufsf] ;fFwl;df tf]lslbg] qmddf ljleGg :yfg;Fu} uf}td cf>dsf rrf{ k/]sf] 5 . o; clen]vdf uf}td cf>d eg]/ :k:6 pNn]v cfPsf] xF'bf uf}td Clifsf] cf>d g]kfn vfN8f]df /x]sf] ljifo k'li6 ePsf] 5 -hf]zL, @)#), k[= %$(%\_. o; clen]vdf bfjfsf]6sf] rf/lsNnf v'nfpFbf uf}tdcf>dsf] s'/f cfPsf] xf] . o; ;Gbe{n] lnR5ljsfndf o; e]sdf uf}tdcf>d eGg] k|l;4 7fpF ePsf] ljifo k'li6 ub{5 . uf]kfn jzfjnLdf *lxdjGtz}NodWojt{0fL dxf/Goe"t] e"d08n] ==== uf}tdflble ClifUg}:tq k|r/lt* eGg] ljj/0f klg uf}tdcf>d o; e]sdf ePsf] ljifo k'li6 dxTjk"0f{ cfwf/ xf] -ah|frfo{, @)#), k[= %#^\_.

kltsf] >fkaf6 l;nf ePsL clxNof ldlynfsf] ofqfsf qmddf eujfg\ /fdsf] r/0f :kz{af6 d'Qm ePsf] syf /fdfo0f nufotsf u|Gyx¿n] pNn]v u/]sf 5g\ . a[xb\ lji0f'k'/f0fdf alzi7sf 7fpFdf uf}td ClifnfO{ ldlynfsf /fhf lgdLsf] o1ug]{ lhDdf lbPsf] ljj/0f kfOG5 . ljleGg u|Gyx¿n] uf}td Clifsf] cf>d g]kfnsf] ldlynf If]qdf ePsf] ljifo pNn]v u/]sf 5g\ -kf08] / /]UdL, @)%$,k[=!^^\_ . sf]xL ljåfg\\x¿n] sdnf gbLsf] lsgf/df logsf] cf>d /x]sf] atfpFb5g\ . jf:tjdf uf}td Clifsf] cf>d :ynsf ljifodf s]xL ljjfb b]lvG5 . o4lk ldlynf jf g]kfnsf] dWo / k"jL{efu vf;u/L sf}lzsLsf] klZrd t6df /x]sf] x'g;Sg] ;Defjgf 5 -vltj8f, @)&$, k[=#@#\_ .

**h}dg cf>d**

h}dg Clifsf] cf>d kfNkf lhNnfsf] e}/jyfgdf lyof] . xfn e}/j dlGb/ /x]sf] 8fF8f]df s]xL jif{ cl3;Dd h}dg Clif k|To]slbg sfnLu08sL gbLdf :gfgu/L kmls{P/ u08sLsf] tk:ofdf j:by] . z'4 hnNofO{ e}/jb]jtfnfO{ ck{0fug{' pgsf] b}lgsL lyof] . tk:ofaf6 k|;Gg ePsL u08sLn] d k|;Gg ePF . cab]lv b'Mv ug{' kb}{g . j6'sgfy e}/jyfgdf g} d k|s6 x'g]5' . ToxLF hn r9fpg' elgg\ . s]xL lbgkl5 k'/fgf]sf]6 3\ofFrdf z'4hn k|jflxt eof] . h}dg wf/fsf gfdn] kl5;Dd lrlgof] . clxn] howf/f eGb5g\ . ToxLFsf] hnn] e}/jnfO{ :gfg u/fOG5 -e§/fO{, @)^&, k[= !&^\_.

**b'jf{;fcf>d**

c3f{vfFrL lhNnfdf kfl0flgsf] tkf]e"ld k0f]gf ufpFsf] jfoJo sf]0fdf Clif b'jf{;fsf] cf>d lyof] . oxfF ;ft tnf ePsf] Pp6f u'kmf 5-u'?ª, @)^&, k[= !!%\_. sf]sfx / sf}lzsLsf] t6df ;d]t Clif b'jf{;f tk:of u/]sf] ljZjf; ul/G5 . kf}/fl0fs u|Gyx¿df pNn]v ePcg';f/ b'jf{;f clq Clifsf 5f]]/f x'g\ -e§/fO{, @)^&, k[= ^\_. ;+:s[t ;flxTodf b'jf{;f Clifsf] pNn]v lg/Gt/ cfpF5 . ClifbDkltn] eujfg\ lzjsf] cf/fwgfu/L lzjs} czjfnf k'qsf ¿kdf b'jf{;fnfO{ kfPsf] j0f{g kf}/fl0fs u|Gyx¿n] lbPsf 5g\ . Pp6f kf}/fl0fs ldyscg';f/ logL olt s7f]/ / 8/nfUbf lyPsL logn] cfkm\g} kTgLnfO{ klg >fklbP/ eid agfP . logL zf/Ll/s ;+/rgf Pjd\ sfnf] j0f{sf ePsf] ljZjf; ul/G5 -zdf{,!(((, k[=$@(\_ .

**b]jbQ cf>d**

e[u'j+zL j}lbs a|fXd0f b]jbQsf] syf :sGbk'/f0f tyf lxdjTv08n] pNn]v u/]sf 5g\ . e[u'j+zL j}lbs a|fXd0f b]jbQsf] cf>d Clifs]z tLy{:yfgdf cjl:yt 5 . pQm wfld{s u|Gycg';f/ o;} kljq sfnLu08sLsf] t6df clt k|frLg sfndf e[u'j+zLo b]jbQ gfds Pshgf Clifn] eujfg\ lji0f'sf] 7"nf] Pjd\ s7f]/ tk:of u/] . pQm tk:of a;]sf] :yfg xfn ahf/ If]q glhs} /x]sf]sf] u'kmf jf sGb/f lyof] . u08sL kfl/ :ofª\hfdf /x]sf] e[u't'ª\u]Zj/ u'kmf klg Clif b]jbQ;Fu ;DjlGwt tk:ynL xf] . b]j/fh OGb|n] eujfg\ lji0f'sf gfddf u/]sf] klxnf] tk:of eª\u ul/lbPkl5 o; u'kmfdf a;L eujfg\ lzjsf] cf/fwgf u/]sf lyP -zdf{, @)^@, k[=\*^–\*&\_. b]j/fh OGb|n] tk:of eª\u ul/lbPsf] ;Gbe{df lxdjTv08 -kl/lzi6 c, # . !&\_ df elgPsf] 5 M

*oo'j{;GtM sfdZr uGwjf]{ dnoflgnM .*

*k|Dnf]rfKoK;/f tq b]jbQ:o rf>d] ..* -zdf{, @)^@, k[=\*^\_.

eujfg\ j/fxn] k[YjLnfO{ ;'gfPsf] syfcg';f/ e[u'j+zdf b]jbQ gfdu/]sf ofl1s Pjd\ cltlyeQm j}lbs a|fXd0f lyP . logn] Clifs]z tLy{df bzxhf/ jif{;Dd tk:of u/] . b]j/fh OGb| s7f]/ tk:ofb]lv 8/fP . tk:of eª\u ug{ j;Gt Ct';Fu} sfdb]j, uGwj{ / cK;/fsf] ;d"x agfO{ cfb]z lbP . b]jbQsf] cf>ddf k'u] . j;Gt Ct'n] cg]sf} km"nx¿ km"nfP . uGwj{x¿n] kj{tsf u'kmfx¿df ufgjhfg u/] . k|Dnf]rf gfd u/]sL cK;/fn] g[To k|bz{g ul/g . dnokj{tsf] xfjfn] g[Todf d:t /x]sL cK;/fsf] j:q p8fOlbof] . cK;/f gª\g eOg . sfdb]jn] a|fXd0f b]jbQdfly kfFrj6f km"nsf jfF0fx¿ PSs} k6s a;f{of] . Clif b]jbQ sfdft'/ eP . k|Dnf]rf cK;/fnfO{ ef]uljnf; u/] . pgLaf6 ?? sGofsf] hGd eof] . b]j/fh OGb|n] logLx¿sf] ;+o'Qm k|of;af6 b]jbQsf] tk:of eª\u u/fP -u'?ª, @)^&, k[=!)%–!)^\_.

**g] d'lgsf]** **cf>d**

g] d'lgsf] af/]df ljz]if j0f{{g g]kfn dxfTDodf kfOG5 . logn] sf7df8f} pkTosfdf lgs} nfdf] ;do;Dd of]u;fwgfsf ;fy xl/x/sf] :t'lt ;d]t u/]sf lyP . kf}/fl0fs ;flxTox¿df plNnlvt ljj/0fsf cfwf/df sltko ljåfg\x¿ g]kfnsf] gfds/0f klg log} Clifsf] gfdaf6 /xg uPsf] ljZjf; ub{5g\ -kf08] / /]UdL, @)%$,k[=!^(\_ . g] d'lgsf] cf>d /f]zL / ;'gsf]zL gbLsf] ;ª\ud b'Dhf -l;Gw'nL\_ glhs ePsf] ljZjf; ul/G5 . logL Clif dl/rLsf 5f]/f x'g\ . dl0fr"8 kj{t klg logsf] tk:ynL xf] . logn] oxfF !@ jif{;Dd lg/Gt/ ah|of]lugL eujtLsf] tk:of u/]sf lyP . /f]u / kfkn] kLl8t lj¿kfIfnfO{ ljleGg tLy{:ynx¿ 3'd]/ b]jLb]jtfsf] bz{gu/L >fk tyf kfk d'Qm x'g] pkb]z log}n] lbPsf] hg>'lt 5 -e§/fO{, @)^&, k[= !^)\_.

**k/fz/ cf>d**

k/fz/ ClifnfO{ ;+:s[t ;flxTox¿df s'g} k|;ª\udf Clif alzi7sf 5f]/f / st} gflt elgPsf ;Gbe{x¿ kfOG5g\ . lognfO{ k'/f0fx¿df ;Ktlif{dWo] Ps tyf CUj]bsf dGqb|i6f Clif dflgPsf] 5 . lxGb"x¿sf] clt dxTjk"0f{ wfld{s sfg'g dflgg] k/fz/ :d[ltsf] /rgf logn] g} u/]sf lyP -zdf{,!(((, k[= %!(\_ . Clif k/fz/ lxGb" ;dfhdf k/fz/ uf]q k|jt{s Clif x'g\ . logsf] cf>d tgx' lhNnfsf] ;]tL / dfbL gbLsf] ;ª\uddf 5 . u08sLdfxfTDodf dfbL / ;]tLsf] ;'Gb/ bf]efgsf] åLkdf cjl:yt u'kmfnfO{ k/fz/ Clifn] tk:of u/]sf] tkl;l4k|bflogL u'kmfsf ¿kdf pNn]v ul/Psf] 5 -u'?ª, @)^&, k[= (#\_.

of] cf>d glhs} z'Sn]Zj/ dxfb]j dlGb/ tyf kf6Lh:tf kljq :df/s klg 5g\ . o; afx]s cGo P]ltxfl;s ;fdu|L eg] kfOb}gg\ -e§/fO{, @)^&, k[= !^%\_. kf}/fl0fs ;flxTodf pNn]v ePcg';f/ cl3 k|frLg sfndf dxli{f k/fz/ ;]tLgbL kf/u/L jf/L cfpg] qmddf dT:ouGwf;Fu e]6 eof] . dT:ouGwfn] dxli{f k/fz/nfO{ ;]tLgbL tfl/g . gbL tbf{ dT:ouGwfaf6 d'Uw eP . Ct'bfg dfu] . b'a}sf aLrdf ;dfud eof] . Jof; hlGdP . kl5 dT:ouGwfnfO{ k'gM s'df/L aGg] j/bfglbO{ Clif cGt} nfu] -e§/fO{, @)^&, k[=@\*)–@\*!\_.

**kfl0flg cf>d**

kfl0flg O{=k" rf}yf] ztfAbLsf k|l;4 j}ofs/0fj]Qf x'g\ . Psy/L ljåfg\x¿n] lognfO{ ldlynf e]slt/sf Clif dfg]sf 5g\ -vltj8f, @)&$, k[=^&&\_ . csf{y/L ljåfg\x¿sf] dt c3f{vfFrL lhNnfsf] k0f]gf kfl0flgsf] tkf]e"ld xf] eGg] 5 . o;nfO{ kfl0flg cf>dsf ¿kdf klg lrlgG5 . kfl0flgsf lktf ;dfg / dftf bfIfL lyOg . c3f{vfFrLsf] k"jL{ efudf t"bL kj{t 5 . pQm kj{tdf kfl0flgn] tk:of u/]sf lyP . To;}sf cfwf/df To;e]snfO{ k0f]gf ufpF elgG5 . k0f]gf ufpFsf] pQ/tkm{ ?? If]q, jfoJo sf]0fdf Clif b'jf{;fsf] cf>d / klZrddf /fj0fn] cfkm\gf] g[Toåf/f lzjhLnfO{ v';L t'NofPsf] gkf{gL eGg] 7fpF 5 -kf]v/]n, @)^%, k[=#$–$@\_. o; 7fpFdf xfn;fn} kl08t zflnu|fd kf]v/]nn] ;ª\udd{/sf] kfl0flgsf] k|ltdf lgdf{0fu/L :yfkgf u/]sf 5g\ -u'?ª, @)^&, k[=!!^\_.

**k'n:To cf>d**

;+:s[t ;flxTocg';f/ k'n:To a|Xdfsf dfg; k'q dflgG5g\ . logL ;Ktlif{cGtu{t kg]{ Ps Clif x'g\ . k'/f0fx¿df lognfO{ bIfk|hfkltsf] HjfOF dflgPsf] 5 . Ps kf}/fl0fs ldyscg';f/ bIfk|hfkltsf] o1Wjz x'Fbf logL klg hn]/ eid ePsf lyP -zdf{,!(((,k[=%$^\_ . k'n:To ClifnfO{ nª\sfklt /fj0fsf afh] dflgG5 . DofUbL lhNnfsf] ;b/d'sfd j]0fLahf/b]lv pQ/ sfnLu08sL / /x'vf]nfsf] bf]efgdf gk'Ub} un]Zj/ dxfb]j yfg 5 . pQm dlGb/sf] dflysf] kfvf]df cjl:yt k'nf gfds :yfg k'n:To Clifsf] cf>d tyf tk:ynL xf] . k'nfnfO{ /fj0fsf] hGdynf] klg dflgG5 -u'?ª, @)^&, k[=@#!\_.

k'n:To Clifsf] cf>d tyf ;fwgf :yn zfnu|fd If]qdf lyof] . dftf kfj{tL cfkm\gf s]xL ;lvx¿sf ;fydf gLnlu/L xF'b} zfnu|fd If]qdf k'Ubf ToxfF dl/lr / u08lif{ Clifsf ;fy} k'n:To Clif klg tk:of u/]/ a;]sf lyP . k'n:To Clifn] nfdf] ;do;Dd Psfu|tfsf ;fy zfnu|fd If]qdf tk:ofu/L l;l4 k|fKt u/]sf] j0f{g kf}/fl0fs ;flxTox¿df kfOG5 . j/fxk'/f0fdf pNn]v ePcg';f/ gjnk/f;L lhNnfsf] gf/fo0fL, ;f]gf / k~rfgbLsf] ;ª\ud lqj]0fLwfddf klg k'n:To Clifn] tk:of u/]sf lyP -e§/fO{, @)^&, k[= !&&\_.

**k'nxf>d**

;+:s[t ;flxTocg';f/ k'nxf a|Xdfsf gfleaf6 hlGdPsf Ps dfg; k'q dflgG5g\ . logL klg ;Ktlif{cGtu{t kg]{ Ps Clif x'g\ . logsf] ljjfx bIfk|hfkltsL 5f]/L Ifdf;Fu ePsf] Pp6f syf kfOG5 -zdf{,!(((, k[=(#\*\_ . k'/f0fx¿df af3, d[u, l;+xflb logsf ;Gtfg lyP . Ps kf}/fl0fs ldyscg';f/ bIfk|hfkltsf] o1Wjz x'Fbf logL klg dfl/P . kl5 k'gM a|Xdfsf cGo dfg; k'qsf ;fydf logsf] hGd ePsf] xf] -vltj8f, @)&$, k[=&)(\_ .

k'nxf>ddf /fhf e/tn] tk:of u/]sf lyP . ctM k'nfxf>dnfO{ e/t u'kmfsf ¿kdf klg lrlgG5 . e/t Cifjb]jsf h]i7 ;'k'q x'g\ . logn] lrqjg -lrtjg\_ df /fHou/L e/t v08 / ef/tjif{ rnfP . kl5 k'nfxf>d u08sL lsgf/df tkubf{ d[udf cf;QmeO{ k'gM d[usf ¿kdf pgn] hGd lnP . kl5Nnf] hGddf a|fXd0f s'ndf h8e/t -aflx/ d'v{ leq 1fgL\_ sf ¿kdf hGdlnO{ u08sL lsgf/df tk:ofu/L l;l4 k|fKt u/]sf lyP -vltj8f, ld=g=,k[=$)\_. j/fxk'/f0fdf k'nxf Clifn] gjnk/f;L lhNnfsf] gf/fo0fL, ;f]gf / k~rfgbLsf] ;ª\ud lqj]0fLwfddf tk:of u/]sf] ljj/0f pNn]v 5 -e§/fO{, @)^&, k[= !&&\_.

**e/t cf>d**

;Djt\ %#% sf] Hofjxfn glhs}sf] lnR5ljsfnsf] clen]vdf e/t cf>dsf] rrf{ kfOG5 . bfg lbPsf] hUufsf] rf/lsNnf v'nfpFg] qmddf e/tcf>dsf] gfd cfPsf] xf] -ah|frfo{, @)#), k[= #$$\_. lnR5ljsfnsf clen]vdf e/tcf>d / uf}tdcf>dsf] pNn]v k/]sf] 5 . oL cf>d sxfF lyP :k:6 ¿kdf eGg ;lsb}g . o4lk g]kfn pkTosfsf c;L k|lt;teGbf j9L 7fpF tyf vf]nfgfnfsf] gfd /fVbf ;+:s[tleGg lsF/ftkl/jf/sf] efiff k|of]u ePsf] 5 . jfUdtL, dl0fdtLh:tf k|l;4 vf]nfsf] gfd k|f/Deb]lv g} ;+:s[tefiffaf6 /x]sf 5g\ . jfUdtL gfdsf] ;DjGw ;f]em} ljBf;Fu 5 . o; cfwf/df plxn] ljåfg\ Clifd'lgx¿sf cf>d jfUdtL gbL lsgf/df lyP eGg ;lsG5 -ah|frfo{, @)#), k[= %#^\_.

**e[u'cf>d**

j}lbs ;flxTox¿n] klg Clif e[u'sf ljifodf j0f{g u/]sf 5g\ . CUj]bdf lognfO{ ;a}eGbf klxn] clUg k|fKt ug]{ Clif tyf k'/f]lxtx¿sf u0fsf ¿kdf pNn]v ul/Psf] 5 . e[u' zAbn] k|sfzdfg jf pHofnf] / pHjn eGg] cy{ lbG5 . dflg;x¿nfO{ log} Clifn] ;a}eGbf klxnf clUg pknAw ul/lbPsf lyP . To;}n] lognfO{ e[u' gfdn] ;Djf]wg ul/Psf] xf] -zdf{,!(((, k[=^%!\_. kf}/fl0fs ;flxTox¿df lognfO{ k|hfkltsf ¿kdf pNn]vug{'sf ;fy} jL/eb|n] bIfk|hfkltsf] o1Wjz kfl/lbFbf logsf] bf/L 88]/ v/fgL ePsf] ldys kfOG5 . kl5 logn] klg cGo Clifx¿;Fu} a;]/ eujfg\ lzjsf] cf/fwgf u/]sf lyP -vltj8f, @)&$, k[=\*^#\_ . kf}/fl0fs ;flxTox¿df b]jtf / bfgj aLrdf o'4 x'Fbf bfgjsf kIfdf /x]sf, lji0f'nfO{ af/Daf/ ue{df /xL kL8f ef]Ug'kg]{ tyf cjtf/ wf/0f ul//xg' kg]{ >fklbPsf], eujfg\ lzjnfO{ lnª\ufsf/ xf];\ eGg] >fklbPsf], a|Xdfn] Psk6s ckdfg u/]sf] x'Fbf pgnfO{ s;}n] klg k"hf gu/f]cf];\ eg]/ >fklbPsf] h:tf Clif e[u'Clif;Fu ;DjlGwt w]/} ;Gbe{x¿ kfOG5g\ . e[u'cf>d b]j3f6df 5 .

**d/Llr** **cf>d**

;+:s[t ;flxTocg';f/ d/Llr a|Xdfsf cfFvfaf6 pTklt ePsf Ps dfg; k'q x'g\ . logL ;Ktlif{cGtu{t kb{5g\ . kf}/fl0fs ;flxTodf d/LlrnfO{ bIfk|hfkltsf] HjfOF elgPsf] 5 . snf, ;De"tL / p0ff{ logsf kTgL lyP . Ps ldyscg';f/ bIfk|hfkltsf] o1df logn] klg eujfg\ lzjsf] lgGbf u/] . eujfg\ zª\s/sf] qmf]wdf kl/ logL hn]/ eid eP -zdf{,!(((, k[=^&(\_ . dl/lr Clifsf] cf>d tyf ;fwgf :yn zfnu|fd If]qdf lyof] . dftf kfj{tL cfkm\gf s]xL ;lvx¿sf ;fydf gLnlu/L xF'b} zfnu|fd If]qdf k'Ubf ToxfF u08lif{ / k'n:To Clifsf ;fy} dl/lr Clif klg tk:of u/]/ a;]sf lyP . Clif dl/lr g] d'lgsf lktf x'g\ -e§/fO{, @)^&, k[= !^)\_.

**df08Jo cf>d**

df08Jo Clifsf] cf>d kfNkf lhNnfdf cjl:yt df8L xf] . oxfF df08Josf] kfif0f d"lt{ ;lxt dlGb/ klg 5 . kb\dk'/f0fdf df08Jo Clifsf] syf 5 . syfcg';f/ k|frLgsfndf df08Jo Clif k|To]slbg sfnLu08sL gbLdf :gfgu/L u08sLsf] tk:of ub{y] . tk:ofaf6 k|;Gg ePsL u08sLn] d ltnsf] bfgf hlt ltgfp -ltnf]Qdf gbL\_ df ldl;G5' elgg\ . To;kl5 df08Jo Clifn] cfkm\gf] :gfgflb s[To sfnLu08sLaf6 ltgfp gbLdf ;f/] . df08Jo cf>ddf a;L ToxLF tk:of ug{ yfn] -v8\sf, @)&!, k[=#)!\_ .

Clif df08JonfO{ /fgLsf xf/ rf]/sf] cf/f]k nfUof] . tk:ynLaf6 b/af/NofO{ z"nL r9fOof] . z"nL r9\bf klg ClifnfO{ s]xL ePg . pgnfO{ lgbf]{if 7fgL d'Qm ul/of] -e§/fO{, @)^&, k[= @##–@#$\_. oxfF df08Josf] kfif0f d"lt{ ;lxt dlGb/ klg 5 . eQmhgx¿n] bz{g tyf k"hfug]{ ub{5g\ . of] If]q lxhf]cfh ;TojfbL df08Jo Clifsf] gfdaf6 k|l;4 5 . cf>dsf gfddf u'7Lsf] Joj:yf ul/Psf] x'Fbf To;sf] cfDbfgLaf6 a]nfavtdf dlGb/sf] dd{t, k"mn k|;fbsf] k|jGwsf ;fy} k"hfcr{gf tyf cf/lt ;~rfng ug]{u/]sf 5g\ .

**jlzi7 cf>d**

;+:s[t ;flxTodf jlzi7nfO{ j}lbs Clifsf ¿kdf pNn]v ug{'sf ;fy} CUj]bsf] &.!\*.& Crf logn] g} /rgf u/]sf] dflgG5 . kf}/fl0fs ;flxTon] lognfO{ Ps Clif, wd{zf:qsf/ tyf :d[ltsf/sf ¿kdf pNn]v 5g\ . Clif jlzi7n] jlzi7 wd{;"q / jlzi7 ;+lxtfh:tf u|Gyx¿sf] /rgf klg u/]sf lyP . kf}/fl0fs ;flxTocg';f/ logL a|Xdfsf Ps dfg; k'q x'g\ . logsf] ljjfx bIfk|hfkltsL 5f]/L phf{;Fu ePsf] lyof] . Ps ldyscg';f/ ;tLb]jLn] bIfk|hfkltsf] o1s'08df k;]/ b]x Tofu u/]kl5 eujfg\ lzjn] Clif jlzi7sf] klg jw u/]sf lyP -zdf{,!(((, k[=\*!\*\_ . Clif jlzi7sf] cf>d b]j3f6df 5 . b]j3f6af6 tgxF'tkm{ s]xL dfly /x]sf] Pp6f u'kmf Clif jlzi7sf] tk:ynL tyf cf>d xf] . r'g 9'ª\ufaf6 ag]sf] of] u'kmf lgs} ;'Gb/ 5 . o;} u'kmfdf a;]/ cl3 /fdnId0fnfO{ Clif jlzi7n] pkb]z lbPsf lyP -ltlD;gf, @)^$, k[=(&\_.

**jfNdLls cf>d**

jfNdLls cf>d gjnk/f;L lhNnfsf] gf/fo0fL, ;f]gf / kGrfgbLsf] ;ª\ud lqj]0fL tLy{b]lv kf/L yf]/} k"j{tkm{ lrtjgsf] 7f]/Ldf cjl:yt 5 -e§/fO{, @)^&, k[= @&(\_ . jfNdLls cf>d:yfg k|l;4 xl/x/If]q tyf eujfg\ lji0f'sf] kfp xf] . o;} 7fpFdf nj s'zsf] hGd ePsf] lyof] . ctM of] If]qnfO{ nj s'zsf] hGde"ld tyf k'0oe"ldsf ¿kdf lnOG5 -u'?ª, @)^&, k[= @$^\_. cl3 q]tfo'udf dxlif{ jfNdLlsn] o;} :yfgdf a;L jfNdLls/fdfo0f h:tf nf}lss sfJosf] l;h{gf u/]sf lyP . o;} :yfgdf eujfg\ /fdsf] kfjg /fdrl/q nf]sdf lj>'t ePsf] lyof] . ;fy} eujtL ;Ltfn] cfkm\gf] hLjgsf] pQ/efu JotLt u/]sL lyOg . Clif jfNdLls xl/x/sf cGoGg eQm lyP . pgsf] cf>d k|l;4 xl/x/If]qdf /xg' :jefljs lyof] . o; If]qdf ;g\ !(^% df g]kfn tyf ef/tsf vf]hstf{x¿sf] ;+o'Qm k|of;df cGj]if0f ul/of] . ljleGg k|sf/sf k'/ftflTjs ;fdu|L k|fKt ePsf lyP . k|fKt ;fdu|L, rqmtLy{, lgem{/ lqj]0fL, cZjd]w 3f]8fsf] ofqfqmdsf ;fy} kf}/fl0fs ;flxTosf] j0f{sf cfwf/df pQm cWoog 6f]nLn] of] If]qdf jfNdLls cf>d /x]sf] :jLsf/ u/]sf] xf] . df3s[i0f cf}+;Lsf lbg Clif jfNdLls lgwg ePsf] :d[ltdf o; lbg oxfF d]nf nfUg] ub{5 -e§/fO{, @)^&, k[= @&( / ##\*\_ .

**ljef08s cf>d**

kf}/fl0fs ;flxTox¿df ljef08snfO{ sZok sndf hlGdPsf, xl/of / kx]Fnf] j0f{sf cfFvf, z/L/el/ afSnf / nfdfnfdf /f} ePsf Clifsf ¿kdf pNn]v u/]sf 5g\ -zdf{,!(((, k[=\*$$\_ . logL Cio>[ª\u Clifsf afa' lyP . logsf] cf>d lxdjTv08sf] sf]zLsf] lsgf/df lyof] . Psk6s ljef08s Clif tfnsf] 5]pdf a;]/ tk:of jl;/x]sf lyP . To;tfndf :gfgug{ cfPsL cK;/f pj{zLnfO{ b]v]/ sfddf]lxt eP . jLo{ ktgeO{ tfnsf] kfgLdf v:of] . Pp6L kf]yL d[un] tfnsf] kfgL vfFbf ljef08s Clifsf] jLo{ klg k/]5 . ue{jtL d[lu0fLaf6 u}F8fsf] h:tf] l;ª\uo'Qm jfnssf] hGd eof] . Clif ljef08sn] Tof] jfnssf] gfd >[ª\uL cyjf Cio>[ª\u /fv] -kGyL, @)$@, k[=%#–%$\_.

**ljZjfldq cf>d**

ljZjfldq cf>dnfO{ ;+:s[t ;flxTodf l;4f>d elgPsf ;Gbe{x¿ kfOG5g\ . kf}/fl0fs ;flxTox¿df Clif ljZjfldqsf ljifodf w]/} j0f{g e]l6G5 . o4lk logsf] cf>dsf af/]df k'/f0fx¿df sxLF klg pNn]v 5}g . s]xL ljåfg\x¿n] k"jL{ g]kfnsf] j/fxIf]qb]lv blIf0f /fdw'gLdf x'g;Sg] cg'dfg u/]sf 5g\ -vltj8f, @)&$, k[=!!##\_ . logn] sf]sfx / sf}lzsLsf] t6df tk tyf o1 u/]sf] ljj/0f kfOG5 . To;avt hktk tyf l;l4sf lgldQ o1flb cg'i7fg ;Dkfbg ubf{ lognfO{ df/Lr / ;'afx'h:tf /fIf;x¿n] w]/} b'Mv lbP . oL b'O{ c;'/ c;fWo} zlQmzfnL lyP . of] ljifosf] 1fg dxlif{ ljZjfldqnfO{ gx'g] s'/} ePg . Clif ljZjfldqnfO{ >L/fdrGb| afx]s logLx¿sf] jw cGo s;}n] ug{ g;Sg] s'/fsf] 1fg klg lyof] . ctM dxlif{ ljZjfldqn] logLx¿sf] jwu/L o1flb sd{sf] /Iffy{sf lglDt /fdnId0fnfO{ 8fs]sf lyP -d/fl;gL,@)^(,k[=%!\_ . oL ;Gbe{sf cfwf/df logsf] cf>d sf]sfx / sf}lzsLsf] t6df lyof] eGg ;lsG5 .

**Jof; cf>d**

Clif Jof; cf>d tgx' lhNnfsf] bdf}nL ahf/b]lv cf7;o ld6/ blIf0f dfbL / ;]tLsf] ;ª\udsf] k"j{tkm{ cjl:yt u'kmf xf] . o;nfO{ Jof;u'kmfsf gfdn] lrlgG5 . of] k|fs[lts cf]8f/ lgs} k'/fgf] xf] . nueu $).%) lkm6 nDafOsf] o; u'kmfleq j]bJof; / eujfg\ lzjsf d"lt{ 5g\ -e§/fO{, @)^&, k[= @\*)\_. Jof;u'kmf cfsf/df 7"nf] Pjd\ b'O{ tnfsf] 5 . dflyNnf] tnf Wofgu'kmf xf] . o;nfO{ Wofgug{ k|of]u ul/G5 . e"OFv08 1fgu'kmf xf] . Wofgu'kmfdf Wofgu/]/ k|fKt 1fgnfO{ 1fgu'kmfdf a;]/ k|;f/ ul/GYof] . lxhf]cfh dflyNnf] tnfsf] Wofgu'kmfdf eg] ;xh ¿kdf hfg ;lsb}g -u'?ª, @)^&, k[= (#\_. dfbL / ;]tLsf] åLkdf k/fz/ Clifaf6 k'/f0f / ;+lxtfstf{ Pjd\ j]bzf:qsf k|jt{s dT:of]b/L k'q s[i0f å}kfog Jof;sf] hGd ePsf] j0f{g u08sLdfxfTDodf kfOG5 -clwsf/L, @)%%, k[= !@%\_.

Clif j]bJof;n] nfdf] ;fwgfkl5 o;} cf>ddf j]bsf] ;f/, pGgt dfgj dl:tissf] k/fsfi7f cj:yfsf] Bf]ts a|Xd;"q / eujTuLtfsf] /rgf u/]sf lyP -u'?ª, @)^&, k[= #$#\_. ;]tLgbL tfg]{ qmddf dxli{f k/fz/ / dT:ouGwf aLrdf ;dfud eof] . Jof; hlGdP . k|l;4 tLy{:yn aGof] . k|To]s jif{ df3];ª\qmflGtdf oxfF 7"nf] d]nf rNb5 . :jb]z tyf ljb]zaf6 ;d]t eQmhgx¿ Jof;sf] bz{g ug{ cfpF5g\ . oxfF j]bJof;sf] d"lt{ ;lxtsf] lzv/ z}nLsf] dlGb/ klg 5 -e§/fO{, @)^&, k[=@\*)–@\*!\_.

of] b]z ;a{k|yd ;flxTosf] /rgf ug]{ Jof;n] tk:of u/]sf] k'0oe"ld xf] . oxfF bzxhf/ jif{;Dd Clif Jof;n] tk:of u/]sf lyP . cfkm\gf] cf>ddf a;]/ rf/nfv Znf]ssf k'/f0fx¿sf] /rgf u/] . o;} cf>ddf g} a;L logn] j]bnfO{ rf/efu nufP . Jof; cf>d g]kfnsf] pQf]df]Qd tLy{ xf] . o;sf] bz{gdfq ldNg;s] dflg;n] df]If k|fKt ub{5 . dxfb]j :jod\ s'6'Dj]Zj/sf ¿kdf o; If]qdf lj/fhdfg 5g\ . ;Gtfg gx'g]n] oxfFsf] z'Snfu08sLdf :gfgu/L Jof;sf] bz{g ugf{n] ;Gtfg k|fKt x'G5 . oxL tLy{df tk:of ugf{n] bIf k|hfkltnfO{ ;jfnfZj/ xo{Zj, 5f]/L Pjd\ k|hfklt kb ;d]t k|fKt ePsf] lyof] .

**zlds cf>d**

zdLssf ljifodf kf}/fl0fs ;flxTodf pNn]lvt Ps ldysn] lognfO{ ufO{sf] uf]7df a;L af5fn] b"w r':tf lg:sg] lkmFh rf6]/ hLjg lgjf{x ug]{ Clif eg]sf] 5 -zdf{,!(((, k[=\*\*$\_ . k|rlnt hgljZjf;cg';f/ k/LlIft logsf] ckdfg ub{y] . Pslbg df}gwf/0fu/L a;]sfavt logsf 3fF6Ldf k/LlIftn] d/]sf] ;k{ xflnlbP5g\ . o:tf] ckdfghgs sfo{ubf{ klg pgn] k/LlIftnfO{ s]xL u/]gg\ . zdLssf 5f]/f >[lª\un] eg] k/LlIftnfO{ ;k{n] 8;]/ ;ft lbgleq d[To' xf]cf];\ eGg] >fk lbP . tyflk logn] k/LlIftnfO{ ;Ddfgsf ;fy cfkm\gf] cf>ddf Nofpg lzio uf}/ d'vnfO{ k7fPsf lyP . logsf] cf>d ;'g;/L lhNnfsf] rt/fdf lyof] . logn] nfdf] ;do;Dd ;Ktsf]zLsf] lsgf/df tk:of u/]sf lyP .

**zfnª\sfog cf>d**

lognfO{ ;jf]{Ts[i6 Clif dfg]/ o'lwli7/n] ;Ddfg;fy cfkm\gf] /fh;"o o1df lgDtf u/] . o'lwli7/n] cfb/sf ;fy lng hfFbf logL ;xh} pQm o1df ;xefuL eP . zfnª\sfog Clifsf] cf>d d'lQmgfydf lyof] . d'lQmgfydf logn] w]/} sfn;Dd tk:of u/] . ch{'gn] lnP/ uPsf lyP . d'lQmgfy zfnu|fd If]qdf lyof] . ToxfF dl/lr / u08lif{ Clifsf ;fy} k'n:To Clif klg tk:of u/]/ a:by] . of] ;Gbe{n] logsf] cf>d klg d'lQmgfy If]qdf g} x'g ;Sg] ;ª\s]t ub{5 .

**>[ª\uf cf>d**

u'NdL lhNnfsf] /];'ª\uf Cio>[ª\ufsf] cf>d:yn tyf tkf]e"ld xf] . Clif>[ª\uf s} gfdaf6 /];'ª\uf gfd /x]sf] ljZjf; ul/G5 . Clif >[ª\ufn] lrbLrf}/, /];'ª\uf,tD3f;, ;fjgL, ??If]q / cu{nLdf tk:of u/]sf lyP . pgn] tk:of u/]sf] :yfgnfO{ clxn] ;fgf] /];'ª\uf elgG5 . Clif >[ª\uf ;DjlGwt u'NdL tD3f;df Pp6f o1zfnf 5 . o;sf] hL0ff]{4f/ !(\*$ df k|e' ob'sfgGbn] u/]sf lyP -uf}td, @)^$, k[=$!–$@\_ . %) lkm6 rf}sf]; tyf #) lkm6 prfO{ ePsf] of] o1zfnf g]kfnL z}nLdf ag]sf] 5 . tfdfsf] kftfn] 5fPsf] o; :df/ssf] ZfLif{efudf /x]sf] ;'gsf] df]nDjfo'Qm uh"/ klg k|e' ob'sfgGbn] g} h8fg u/]sf x'g\ . of] If]q q]tf o'udf Clif >[ª\ufsf] qmL8fe"ld lyof] -e§/fO{, @)^&, k[= @^@\_.

u'NdL lhNnfsf] k|l;4 wfld{s :yn ??If]qeGbf sl/a @ sf]; dfly l;?ª\uf n]s 5 . oxfF klg Clif >[ª\ufsf] cf>d lyof] . o; :yndf klg /];'ª\ufdf h:t} dlGb/ tyf ljleGg eUgfjz]if kfOG5g\ . To;}n] of] k|frLg dxTj af]s]sf] :yn xf] . oxfF Clif>[ª\ufn] :yfkgf u/]sf] z[ª\u]Zj/ dxfb]jsf] dlGb/ 5 . xfQLdfly ;af/ Clif >[ª\ufsf] cfs[lt oxfFsf] csf]{ dxTjk"0f{ ;fdu|L xf] . Clif >[ª\ufsf] cf>dleq slxNo} g;'Sg] hns'08 5 . pQm s'08df eQmhgx¿ ;fpg dlxgfe/L :gfg ug]{ ub{5g\ . ljz]if d]nf eg] >fj0fs[i0f cf}+;Ldf rNb5 . o; cf>dsf] ;+/If0f, ;Dj4{g tyf d]nfkj{ ;~rfngsf] Joj:yfkgsf lglDt klt/fd ;fw'n] rGbf ;ª\sngaf6 p7]sf] /sdn] u'7L /flvlbPsf 5g\ -e§/fO{, @)^&, k[= #)%\_.

**xl/x/ cf>d**

xl/x/ cf>d sf:sL lhNnfsf] dnfddf 5 . u'kmfjg, afafhLsf] jg, ;nfd u'kmf, xl/x/ dlGb/ / xl/x/u'kmf o; cf>dnfO{ lrgfpg] cGo gfd x'g\ . of] cf>d kf]v/f ahf/af6 b'O{ dfOn 6f8f 5 . jl/kl/ jghª\unn] 3]l/P/ aLrdf /x]sf] Pp6f y'Dsf] g} cf>d:yn xf] . of] cf>dsf] lgdf{0f lj=;= !()^ df lbuDa/afafsf lzio cDa/ lul/n] u/]sf x'g\ . tTsfnLg k|wfgdGqL hª\uaxfb'/n] ;DjlGwt If]qsf] jghª\un km8fgLu/L xl/x/ cf>d agfpg ;xdtL lbPkl5 of] cf>d lgdf{0f ul/Psf] xf] -e§/fO{, @)^&, k[= ##$–##%\_.

of] cf>ddf Joj:yfkg cDa/ lul/ s} ;GttLx¿n] ub}{cfPsf 5g\ . cDa/ lul/kl5 ;xb]j, s]zj / b]j lu/Ln] o; cf>dsf] ;~rfng u/]sf] b]lvG5 . o; If]qdf xl/x/, lzj, xg'dfg\ nufotsf b]jLb]jtfx¿sf d"lt{ 5g\ . t/ tL Tolt k'/fgf eg] xf]Ogg\ . oxfF ljz]iftM j}lbs ljlwcg';f/ kf~rfog tyf xl/x/sf] k"hfpkf;gf ug]{ rng 5 . ?b|Lkf7, xjg, ljjfx tyf j|tjGwh:tf wfld{s Pjd\ ;+f:s[lts cg'i7fgx¿ ;DkGg ul/G5g\ . oxfF lzj/fqL / jfnfrt'b{zLdf d]nf nufOG5 . To;avt ljleGg ljåfg\x¿sf aLrdf wd{, bz{g, gLlt, ;+:s[lth:tf ljifox¿df 5nkmn tyf cGt{lqmof ;d]t u/fpFb5g\ . cf>d ;~rfngsf nflu u'7Lsf] Joj:yf ul/Psf] 5 .

dfly ;dLIff ul/Psf Clifd'lgx¿sf tk:yn tyf cf>dsf ;fy} jfjf uf]/vgfy, afnu'? if8fgGb, un]Zj/gfy, kmfNu'gGb, cf}lnofafaf, dxfk|e', vKt8jfjfh:tf w]/} l;4x¿n] g]kfnsf ljleGg 7fpFnfO{ cfkm\gf] ;fwgf s]Gb| agfPsf lyP . tL :yfgx¿ lxhf]cfh klg k|l;4 1fge"ld, tkf]e"ld, wfld{s tyf ;+f:s[lts :ynsf ¿kdf b'lgofFdf kl/lrt 5g\ .

**%=#= cf>dsf] dxTj Pjd\ pkof]lutf**

cf>dnfO{ u'?s'nsf ¿kdf klg lng ;lsG5 . To;f]x'Fbf cf>d lxGb"x¿sf k|frLg lzIffsf s]Gb| lyP . ljBfyL{n] cfkm\gf u'?sf] 5gf]6u/L 1fg cfh{gsf lgldQ ltgsf] cf>ddf hfg' kb{Yof] . ljz]iftM ^ jif{b]lv !! jif{ pd]/sf jfns u'? cf>ddfuO{ @% jif{;Dd lzIff lng] ub{y] . cf>d tyf u'?s'nsf] Joj:yfkgsf] ;Dk"0f{ bfloTj / lhDd]jf/L /fHosf] x'GYof] -zdf{, !(((, k[= @\*&\_ . jf:tjdf a|Xdro{, u[x:y, jfgk|:y / ;Gof; oL rf/j6f cf>ddWo] a|Xdro{ cf>d u'?s'ndf /x]/ 1fgcfh{g ug]{ lj>fd :yn xf] . ToxfF /xFbf lzion] u'?af6 Jojxfl/s tyf ;}4flGts ljifodf k|of{Kt 1fgcfh{g ub{y] . of] kIfn] cf>dsf] dxTj Pjd\ pkof]lutf k'li6 u/]sf] 5 .

k|frLg ;dodf cf>d lzIff cfh{g, hktk, l;l4 tyf cnf}lss rdTsfl/s / cfdf]bk|df]b zlQm k|flKt;Fu ;DjlGwt Clifd'lg tk:jL tyf l;4x¿sf kljq jf;:yfg lyP . lxhf]cfh klg cf>dsf] k|frLg sfnsf] dxTj Pjd\ pkof]lutfdf Tolt Xf; cfPsf] 5}g . g]kfndf /x]sf clq cf>d, cf}j{ cf>d, slkn cf>d, u08lif{ cf>d, uf}td cf>d, b'jf{;fcf>d, b]jbQ cf>d, g] d'lgsf] cf>d, k/fz/ cf>d, kfl0flg cf>d, k'n:To cf>d, k'nxf>d, e/t cf>d, e[u'cf>d, d/Llr cf>d, df08Jo cf>d, jlzi7 cf>d, jfNdLls cf>d, ljef08s cf>d, ljZjfldq cf>d, Jof; cf>d, zdLs cf>d, zfnª\sfog cf>d, >[ª\uf cf>d / xl/x/h:tf cf>dx¿ jt{dfgdf k'/ftflTjs, P]ltxfl;s, wfld{s, ;f+:s[lts, ;fdflhs k/Dk/f, nf]sldys Pjd\ ko{6sLo b[li6n] lgs} dxTjk"0f{ Pjd\ pkof]uL dflgG5g\ . d"ntM lxGb"wd{ tyf ;f+:s[lts d"NodfGotfdf ljZjf; /fVg] cg'ofoLx¿dWo] sltkon] ljleGg o1o1flb, xf]d, wfld{s cg'i7fg, ;f+:s[lts pT;j, pkgog, ljjfx, cGToli6h:tf ;+:sf/ut sd{, g}ldlQs tyf kflj{s k"hfpkf;gf / jgef]hh:tf s[Tox¿ pQm cf>dx¿df ;Dkfbg ug]{ rng 5 .

wfld{s tyf ;f+:s[lts ;Gbe{n] dfq xf]Og pQm cf>dx¿ k'/ftflTjs Pjd\ P]ltxfl;s b[li6n] klg dxTjk"0f{ ;Dkbf dflgG5g\ . sltko cf>d :ynx¿df a]nfavtdf ul/Psf cGj]if0f tyf pTvgg\af6 d"Nojfg\ k'/ftflTjs ;fdu|L k|fKt ePsf 5g\ . sltko cf>dx¿df b]j, bfgj, lkt[, Clifd'lg, tk:jL, l;4, of]uL, hf]uL, ;Gt, dxGt, ljåfg\, ljb'ifL, cK;/f, e"tk|]t, wfdLemfFqmL cflbsf dxTjk"0f{ / /f]df~rs nf]sldys hf]l8Psf] Oltxf; kfOG5 . g]kfnsf dfly ljj]rgf ul/Psf cf>dx¿sf] cjl:ylt k|fs[lts Pjd\ ;f+:s[lts b'a} b[li6sf]0fn] dxTjk"0f{ 5 . gbLlsgf/sf bf]efg tyf lqj]0fL, u'kmf, sGb/f, jghËn, pBfg Pjd\ PsfGt :yndf /x]sf xF'bf oxfFsf cf>dx¿ ko{6sLo b[li6n] klg pNn]vgLo dflgG5g\ . k|To]s jif{ 7"nf] ;ª\Vofdf :jb]zL tyf ljb]zL ko{6sx¿n] e|d0fug]{ u/]sf] Oltxf; 5 . ctM sltko cf>dx¿sf] cGj]if0f tyf pTvgg\, ;+/If0f ;+Dj4{g, ko{6sLo ;]jf;'ljwf lj:tf/ tyf k|rf/k|;f/h:tf cfwf/e"t sfdx¿ ug'{kg]{ b]lvG5 .

**^= lgisif{**

k"jL{o wfld{s u|Gyx¿df j0f{g ul/]Pcg';f/ g]kfn ;+;f/sf] ljlzi7 b]je"ld xf] . b'lgofFdf of] If]q Pp6f To:tf] e"ld xf] hxfF b]j, bfgj, Clifdxlif{, cK;/f, l;4, of]uL, hf]uL, ;Gt, dxGt, ljåfg\, ljb'ifL, lkt[ nufot kz'k+IfLx¿n] ;d]t hk, tk, of]u tyf ;fwgfsf dfWodaf6 1fg, l;l4 / df]If k|fKt u/] . lg/Gt/ ul//x]sf 5g\ . To;f]x'Fbf g]kfnnfO{ b'lgofFsf] 1fg, l;l4 / df]Ifk|bfogL kljq :yn dfGg ;lsG5 . oxfF k|frLg sfnb]lv g} Clifdxlif{x¿n] cf>ddf a;]/ tk:of u/] . pgLx¿af6 gofFgofF 1fg tyf k|1fsf] cljisf/ eof] . 7"n7"nf sfJosLlt{x¿ /rgf ul/P . k|yf tyf k|yfhlgt sfg'g n]lvP . a|Xd, hLj tyf hut\ h:tf ljifosf af/]df l;4fGt pTkfbg ug]{ sfo{ eof] . jf:tjdf tL Clifdxlif{ tyf pgLx¿n] xhf/f} jif{ cfkm\gf] cf>o agfPsf cf>dx¿ Oltxf;, ;dfh tyf ;+:s[ltsf af/]df zf]wvf]h ug]{x¿sf lglDt dxTjk"0f{ ljifo aGg ;Ab5g\ . To;f]xF'bf o; n]vdf dfly plNnlvt s]xL cf>dx¿sf] cWoog ul/Psf] xf] .

**;Gbe{ ;fdu|L**

clwsf/L, 6Lsf/fd -@)%%\_= *u08sL dfxfTDod*\, bfªM dx]Gb| ;+:s[lt ljZjljBfno .

v8\sf, kljqaxfb'/ -@)&!\_= *tLy{ ;f/ ;ª\u|x*, sf7df8f}M kljqaxfb'/ v8\sf .

vltj8f, a}s'07z/0f -ld=g=\_= *g]kfn* *dfxfTDo,* sf7df8f}M PsLs[t xft]dfnf] ;dfh g]kfn .

vltj8f, ;f]dk|;fb -@)&$\_= *g]kfnL ;+:s[lt ljZjsf]z,* sf7df8f}+M hgtf k|;f/0f tyf k|sfzg lnld6]8 .

vqL, k|]ds'df/ -@)%%\_= *pTklQM dfgj ;Eotfsf s]xL kIfsf] P]ltxfl;s Pjd\ dfgjzf:qLo cWoog*, sLlt{k'/M g]kfn / PlzofnL cg';Gwfg s]Gb| lq=lj=.

u'?ª, hudfg -@)^&\_= *u08sLk|;j0fIf]qsf] ;f+:s[lts ;Dkbf*, sf7df8f}M klZrdf~rn ljsf; d~r .

uf}td, o1k|;fb -@)^$\_=*/];'ª\ufsf] ;f+:s[lts wfld{s / ko{6sLo dxTj,* sLlt{k'/M g]kfnL Oltxf;,;+:s[lt tyf k'/ftTj s]Gb|Lo ljefu, :gftsf]Q/ tx zf]wk|jGw, c=k|=, lq=lj= .

hf]zL, xl//fd -@)#)\_= *g]kfnsf] k|frLgclen]v* , sf7df8f}+M g]kfn /fhsLo k|1fk|lti7fg .

ltlD;gf, gf/fo0fk|;fb -@)^$\_= *b]j3f6sf] ;f+:s[lts cWoog,* sf7df8f}M g]kfn / PlzofnL cg';Gwfg s]Gb| .

kGyL, 6Lsf/fd -@)$@\_= *s]xL hg>'ltx¿*, u'NdLM ls/0f k':tsfno .

kf]v/]n, zflnu|fd -@)^%\_= *kfl0flgsf] tkf]e"ld*, sf7df8f}M ef/åfh kf]v/]n ;dfh.

kf08], /fdlgjf; / /]UdL, lbg]zrGb| -@)%$\_= *g]kfnsf] kf}/fl0fs Oltxf;,* sf7df8f}M g]kfn PlzofnL cWoog ;+:yfg .

e§/fO{, 36/fh -@)^&\_= *g]kfnsf wfld{s :ynx¿ -;f+:s[lts sf]if\_,* sf7df8f}M ljBfyL{ k':ts e08f/ .

d/fl;gL, af;'b]j -@)^(\_= *xg'dfg rl/q*, sf7df8f}M ;tLz d/fl;gL, ;Gtf]if d/fl;gL, ;'wL/ d/fl;gL .

nfsf]h", ;"o{k|;fb -@)^%\_= *kgf}tL*, kgf}tLM ;ljtfs'df/L >]i7 .

n'O6]n, ltnsk|;fb -@)^^\_= *oh'j]{b* -g]kfnLdf\_, sf7df8f}M ljBfyL{ k':ts e08f/ -cg'jfb\_ .

n'O6]n, ltnsk|;fb -@)^(\_= *dg':d[lt* *Znf]s;lxt ;/n g]kfnL cg'jfb,* sf7df8f}M k}/jL k|sfzg -cg'jfb\_ .

jh|frfo{, wgah| -@)#)\_= *lnR5ljsfnsf clen]v*, sf7df8f}M g]kfn PlzofnL cWoog ;+:yfg .

zdf{, uf}td, o'j/fh -@)^@\_= ??If]qsf] dlxdfM s]xL ljj]rgf, *u'NdL kl/ro*, sf7df8f}M u'Nd]nL ;dfh, k[=\*^*–*(%\_.

zdf{, nLnfw/ -!(((\_= *ef/tLo* *;+:s[lt sf]z,* gofFlbNnLM /fhkfn P08 ;G; .

>L % sf] ;/sf/ ;~rf/ dGqfno -@)#!\_= *d]rLb]lv dxfsfnL* -efu !\_, sf7df8f}FM >L % sf] ;/sf/ ;"rgf tyf ;~rf/ dGqfno, ;"rgf ljefu .

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